# Capturing Motion in Photography

# Capturing a Moment in Time

- Photographs capture and immortalize a small slice of life there is little for the viewer to infer what happens before of after that moment.
- One thing that makes photography unique is its ability to freeze a moment in time.
- We see what is in front of us as a continuing chain of events, whereas, the camera is able to stop time from moving forward, giving us the opportunity to study that fraction of a second.

# Your Camera Sees Things Differently

- Understanding how a camera "sees" is the key to figuring our how to take charge and create the kind of images you want to make.
- Sometimes the best images show the very thing that we cannot see with our own eyes.
- Things such as low light levels, depth of field, colour, dynamic range, short and long exposures.



#### Reasons to Capture Motion

- Sometimes there is a need to blur certain elements in the image while focusing sharply on a few subjects. Other times, you may want to blur everything. The direction you take depends on your objective for your photograph.
- Most photographers capture motion to convey that an object is moving.



#### **Reasons to Capture Motion**

- Movement can also communicate mood (e.g. trees rustling in the wind imply serenity, while hoards of people on a city block imply a flurry of activity).
- May also use motion to eliminate elements in a scene that may serve as distractions to the viewer (e.g. a still person in a crowd).



# Blurred Subject With Background in Focus

- Instantly communicates to the viewer that the subject is moving quickly.
- Use a slow shutter speed and a tripod.





#### Photo by: Paul Aloe

- This technique is often used in night time photographs with car headlights cutting through the image.
- Also known as "smearing".

### Blurred Background With Subject in Focus

 Also known as "panning", this technique requires a slow shutter speed and the camera to match the subjects rate of movement and direction.





• This technique can be difficult so practice, practice, practice.

#### Freeze Motion All Together

• A fast shutter speed can freeze action, even stopping a hummingbird's wings, while a slow shutter speed can let action blur or even make moving objects seem to disappear.



# Blur Everything

 Sometimes you may even want to blur everything in your photo for an abstract capture of motion.





# Chronophotography

- Defined as "a set of photographs of a moving object, taken for the purpose of recording and exhibiting successive phases of motion".
- It's original purpose was to help scientists study objects in motion primarily humans and animals.
- Also used for practical purposes such as judged timed events (races) and studying the movement of projectiles for war.



The phases of a springboard acrobatic somersault.

# Chronophotography

 Using the continuous shooting feature on your camera, you can capture a series of shots and join them together in the postprocessing stage to create the effects shown below.





• A tripod is essential when attempting to shoot motion using this method.

# Slow Sync Flash

- This technique combines longer shutter speeds with the use of a flash so that elements in the shot are frozen still, while others remain blurry.
- **Rear Curtain Sync** Flash fires at the end of your exposure. Motion occurs behind the direction of travel.
- Front Curtain Sync Flash fires at the start of the exposure. Motion occurs in front of the moving subject and can give the appearance of the subject moving backwards.



#### Front Curtain vs. Rear Curtain Sync



# The Shutter: Gaining an Understanding

- The shutter is the mechanism that determines how long the pixels on an image sensor collect light.
  - Point-and-shoot cameras
    - No mechanical shutters.
    - Electronics basically tell a pixel to capture light for a set amount of time.
    - Use interline transfer sensors which dedicate a portion of each pixel to store the electronic charge for that pixel.
    - Added electronics reduces the ability to capture light since a portion of each pixel is not light sensitive.
  - Single Lens Refex (SLR) cameras
    - Uses a mechanical shutter.
    - No circuitry on the pixel so the camera bleeds off any residual electrical charge while the shutter is closed.

### **Determining Shutter Speed**

- What is the proper shutter speed to capture motion?
- Every situation is unique and one speed doesn't suit all circumstances.
- To identify the right shutter speed, you'll have to ask yourself a few questions:
  - How fast is your subject moving?
  - How much distance exists between the camera and the subject?
  - How much motion do you want your photograph to convey?
- Use either Shutter Priority or Manual Mode as a starting point.

# Excess Light

- When you slow the shutter speed, there's a chance that too much light will enter and impact your photograph.
- There are a couple ways to resolve this:
  - Check the aperture.
    - The larger it is, the more likely excess light will enter.
  - Check the ISO.
    - When set too high, the image sensor in your camera may be overly-sensitive to light and can create unwanted noise in your image.

## Use a Neutral Density Filter

- An ND filter reduces the intensity of all light equally (e.g. no changes in colour).
- The purpose is to allow greater flexibility to change exposure time.
- They are quantified by their optical density or equivalently their f-stop reduction.
- Can range from 1 stop to 13 stops.
- For example, a 3 stop ND filter would reduce a shutter speed of 1/8 second to 1 second.



# Mastering the Art of Motion Capture

- Like other photography skills, becoming proficient at capturing motion requires experimentation and practice.
- Spend time learning how shutter speeds will impact the quality of your images.
- Even while using a tripod, timing a perfect shot of a fast-moving object can be difficult.
- In the end, capturing motion is part technique and part art.

# Source & Reference Information

- *"High Speed Sync Flash: Understanding High Speed Sync Flash and Shutter Curtains."* Exposure Guide. Web. 11 Mar. 2013.
  <u>http://www.exposureguide.com/high-speed-sync-flash.htm</u>
- Marley, E.J. "*The Human Body in Action.*" Scientific American. 1914. Web. 11 Mar. 2013. http://goldberg.berkeley.edu/courses/S06/IEOR-QE-S06/images.html
- McKinnell, Anne. "Why Does Your Camera See Things Differently Than You?" Digital Photography School. 24 Feb. 2013. Web. 11 Mar. 2013. <u>http://digital-photography-school.com/why-does-your-camera-see-things-differently-than-you</u>
- Nikon USA. "Capturing or Freezing Motion in Photos." Web. 11 Mar. 2013 http://www.nikonusa.com/en/Learn-And-Explore/Article/g93p3dbw/Capturing-Motion.html

# Source & Reference Information

- Norton, Natalie. "Moving Towards Manual Settings: Understanding Shutter Speed." Digital Photography School. 15 Aug. 2008. Web. 11 Mar. 2013. <u>http://digital-photography-school.com/understanding-shutter-speed</u>
- Rowse, Darren. "A Beginners Guide to Capturing Motion in Your Photography." Digital Photography School. 12 Nov. 2008. Web. 11 Mar. 2013. http://digital-photography-school.com/a-beginners-to-capturing-motion-in-your-photography
- Rowse, Darren. "Slow Sync Flash." Digital Photography School. 18 Jan. 2007. Web. 11 Mar. 2013. http://digital-photography-school.com/slow-sync-flash
- Wikipedia. "Chronophotography." Web. 11 Mar. 2013 http://en.wikipedia.org/wiki/Chronophotography

#### **Freezing Motion**



#### **Freezing Motion**



#### Capturing Motion



# Capturing Motion



#### Panning



#### Panning

